

OPEN WATER TRAINING DIVES

FOR PADI CERTIFICATION



Congratulations on completing the knowledge development and confined water training for your PADI open water diver certification. You are now ready for your open water dives. If you are a little nervous that's normal, take comfort in the fact that your instructor will do everything he can to ensure a safe and enjoyable experience while you make the four dives required for certification. Please take the time to read these instructions prior to your first day of open water training.

Equipment: You will be responsible for all of your dive gear. What this means is you will have to pick up any rental items at the dive shop a day or two before your dives. You will need the following items; Mask, fins, snorkel, regulator, BCD, wetsuit, wetsuit boots, weights, 2 tanks. In addition it is recommended that you have a pair of wetsuit gloves and a wetsuit hood. All of the equipment is rented as a package and is included in the fee for your open water training. The only item we do not include is wetsuit gloves, you would have to purchase those. When the dives are conducted from our dive boat lead weights will be on the boat so you do not have to haul them around. We will check the equipment for proper function before it leaves the shop. It's a good idea to practice setup and tear down the night before the dive if it's been a while since you have done this. Make sure you have everything packed up and ready to go the night before the dive! Use a dive bag or a duffle bag to transport your equipment! Pack everything in the bag except your tanks. BRING BOTH TANKS BOTH DAYS!

Boat Dives: Our boat is on a mooring in Mt. Sinai Harbor. We use a launch service to get to and from our mooring. The launch is located at Ralph's Fishing Station. Ralph's is a private marina with limited parking. You will be able to enter the parking area to unload / load your equipment but you can not park in the parking lot while we are out diving. There is a small parking area that can be used directly opposite the entrance to Ralph's. Please be at Ralph's Fishing Station with all your equipment no later than 6:45 AM. The launch service begins at 7am. We will bring the boat to the dock so equipment and passengers can be loaded. We are not permitted to stay tied up at the dock for longer than 15 minutes! If you are not on time there is a strong possibility you will miss the boat and your dives. There are no refunds for missed dives, you will need to pay for another trip. When waiting to be picked up at the dock please be considerate to others, arrange your equipment in a way that people will be able to walk past you. Lay your tanks down and be sure they can not roll off the dock! If you use a dock cart to get your equipment down the dock please return it to the parking lot so others can use them. Ralph's Fishing Station is located at 250 Harbor Beach Road, Mount Sinai, NY 11766. If you are unfamiliar with the location or are without a GPS you may want to check a map to see where it is located. You will have to enter Cedar Beach which is a Town of Brookhaven beach to get to Ralph's. You will find driving directions at Ralph's website: www.ralphsmarina.com.

Beach Diving: In some cases we do training dives from shore. This is not the preferred method but it is an option in case of mechanical problems with the dive boat. Beach dives are conducted at Cedar Beach in Mount Sinai. We meet in the North West corner of the main parking field. We ask that you arrive no later than 7am (unless instructed otherwise). When beach diving we will suit up in the parking lot and walk to the water with all of our equipment on (except fins obviously). The main difference equipment-wise is that you will not be required to have all of your equipment packed in a bag, and you will be given a weight belt along with the other rental equipment.

Miscellaneous: All students must fill out a Boat Travel and Scuba Diving Liability Release prior to boarding our boat and participating in the open water training. This document must be signed by a parent or guardian for anyone under the age of 18. If you successfully complete all 4 training dives (*and you should*) there is a \$35.00 fee for processing your certification card. Your certification card will have your photo on it. We will take your photo after all rental equipment has been returned to the shop. Feel free to provide your own photo. Passport photo's work well. If you provide a photo please do not wear sunglasses or any sort of hat. Digital images can be eMailed to deanmc@optonline.net. Please get a good nights sleep before your training dives. Diving can be quite exhausting at times depending on sea conditions you will want to be well rested. If you wake up and do not feel like you can make the dives due to sickness please let us know via phone call or text message to 631-965-1330